



The ACT's World-of-Work Map. This is an interest inventory tool to help students identify a possible career choice. The interest inventory identifies the four basic work tasks in the center of the map. The 72 questions of the inventory are divided among the six scales that are seen as bold on the bisque / beige color. A few select occupations are identified in the 12 regions of the map. See Pre-ACT interest inventory story on page 1 for more information.

## Contact us

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## SSC GEAR UP DREAMCATCHER

### Introducing Career Clusters



Career Clusters are broad occupational groupings of specific industry based jobs. Career Clusters provide a way for schools to organize instruction and student experiences around broad categories that include virtually all occupations from entry level through professional. Career Clusters link what students learn in school with the knowledge and skills they need for success in college and careers. **Choosing the best career path is an important decision that involves student skills, educational backgrounds, and interests.** (indeed.com; okcareertech.org) Students should take interest surveys through their Individualized Career and Academic Plans (ICAP), the Pre-ACT interest inventory, or by going to Okcollegestart.org. The state of Oklahoma has identified 17 career clusters that include the following: **Agriculture, Food, and Natural Resources, Architecture and Construction, Arts, Audio –Video Technology and Communications, Business Management and Administration, Education and Training, Finance, Government and Public Administration, Health Science, Hospitality and Tourism, Human Services, Information and Technology, Law, Public Safety, Corrections, and Security, Manufacturing, Marketing, Science Technology, Engineering, and Mathematics, Transportation, Distribution, and Logistics, and Energy.**

SSC GEAR UP encourages parents to have conversations with their children about selecting a career that may include attending a career tech school during high school and /or college through concurrent and dual enrollment. SSC GEAR UP student-parent coordinators are a valuable resource that both parents and students can ask questions related to careers.

### The Pre-ACT's Interest Inventory

A great tool to follow the introduction of career clusters is the Pre-ACT interest inventory. John Holland's research suggested that all occupations can be organized according to their involvement with four basic work tasks: working with **data** (facts, records, numbers, etc.) **ideas** (abstractions, theories, insights, etc.) **people** and **things** (machines, materials, crops/animals, etc.). The ACT interest inventory has 72 questions that students can answer each question with dislike, indifferent, or like. Of the 72 questions, 12 question six broad occupational categories of six scales. The more the students like particular questions the likelihood they will be matched with a potential career field. The responses indicate an occupational grouping the student should research additionally if looking for a career path. The six scales include: Science & Technology, Arts, Social Sciences, Administration & Sales, Business Operations, and Technical. Find the ACT World-of-Work map on page 4 of this newsletter.

**All Sophomores** should be taking the FREE Pre-ACT this school year along with the FREE interest inventory. The Pre-ACT can be used for students wanting to take college courses while a junior and/or a senior. The benefits of taking the Pre-ACT include: early practice for the actual ACT, the Pre-ACT and predicted ACT score ranges align to the ACT 1-36 scale, students **CAN** share their scores with colleges and scholarship agencies, results can help students, parents, and educators make future career choices, rapid score reports within two weeks, teachers can implement a personalized blended learning environment for their students with the FREE ACT Academy—a standards based aligned subject resource library, and students can access the ACT Academy, a tool and test preparation designed to help students get the best ACT score possible.

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Seminole, OK

RETURN SERVICE REQUESTED

GEAR UP Dreamcatcher  
P.O. Box 351  
2701 Boren Boulevard  
Seminole, OK 74818



SSC GEAR UP is now on Instagram @seminolestate\_gearup

## What is the purpose of a resume?

A resume is to introduce yourself to college recruiters or prospective employers, present your qualifications, and secure an interview. The goal of writing a resume is to showcase your experience, education, skills, achievements, and hobbies in a format which is easy to read. A resume can be a useful tool for preparing for a college interview or to give to teachers who are writing you a letter of recommendation. There are four type of resumes according to America's Job Exchange including chronological, functional, combinational, and targeted. An example of a college application resume is included for you to peruse.

Sample resume for college visits or college/scholarship applications: this is an example, include information that highlight YOUR STRENGTHS!

**Name**  
Address  
City, State Zip  
Phone #  
Email Address

**College Major/ Career Goals**  
(include this only if you have one)

G.P.A.: *only if good!*  
ACT: same  
SAT: same

**Honors and Awards**

- National Merit Semi-Finalist, (11)
- Lump of Learning Academic Achievement Award (9, 10, 11)
- Missouri All State Choir, (10,11)

**High School Activities**

- Pioneer Yearbook Staff (10, 11, 12)  
Editor in Chief (12)
- KHS Swim Team (10, 11, 12)  
Varsity Team Captain (12)
- KHS Choir (9, 10, 11, 12)
- Spanish Club (9, 10, 11)

**Community Activities**

- Meals on Wheels Volunteer (Summers, 2004-Present)
  - Deliver 3-5 meals to senior citizens every Saturday throughout the year.
  - Approximately 10 hours per month.
- Church Youth Group (9, 10, 11, 12)
  - Coordinated over 100 youth members for a 2-week mission trip.

**Work Experience**

- Kirkwood YMCA Summer Gymnastics Camp Instructor (2004-Present)
  - 20 hours per week during the school year and 45 hours per week in the summer.
- Kirkwood Library (2004-06)
  - Approximately 10 hours per week during the school year.

**Interests**

- Divling - Greenbear Pool Dive Team (6 years)
- Dancing - Ballet, tap, jazz (10 years)

\*It is not the number of a saying that's most important, but whether the student did it, or whether the kid, if you're talking to an application with letters or with copies of every little piece you write since high school and to give you a number of pieces is a hard application to make.

Blank Page  
Former Title: Admission Officer  
Author of Admissions Checklist

# The Resume

## Students and Parents can stay up to date with GEAR UP activities and events with text messages

Students and parents can now automatically enroll to receive text messages from your GEAR UP student-parent coordinators. GEAR UP has set up two separate text messaging numbers to start receiving up to date information on GEAR UP events and activities. The following will be the two separate text messaging numbers to be used, the automatic questions you will be asked, and the specific responses needed to be automatically enrolled.

### Student

Text the word **GEAR UP** to  
**(405) 212-9368**

Auto Question?

What is your first name?

Student response

Sara

What is your last name?

Smith

What year do you graduate?

2024

What high school do you attend?

Holdenville

E  
X  
A  
M  
P  
L  
E  
S

### Parent

Text the word **GEAR UP** to  
**(405) 212-9662**

Auto Question?

What is your student's first name?

Parent response

Sara

What is your student's last name?

Smith

What year does your student graduate H.S.?

2024

What H.S. does your child attend?

Holdenville

## SSC GEAR UP's Staff Educational Pathways

The SSC GEAR UP team's goals or mission is located just below this article. As our students whom we work with and for are now high school students we want to show how diverse a team that we have and how that diversity is our greatest strength in helping students succeed after high school. Although we started out on very different paths in our careers, we see how we can be an incredible resource for our students, parents, and school personnel. As such here is our educational pathways that brought us to your service.

**Jonathan Bennett** is a graduate of Seminole High School. While in high school, Jonathan participated in football, drama/debate and art. Jonathan earned a Bachelors degree in Communication and a Masters degree in Human Resource Administration from East Central University. While working his way through college, Jonathan was in the honors program, intercollegiate forensics, and other activities. Jonathan's current hobbies include watching sports, painting, video games, and golfing. Jonathan works with Asher, Holdenville, and Wetumka Public Schools.

**April Briscoe** as a freshman and sophomore attended Santa Rita High School in Tucson, Arizona. April completed her junior and senior years and graduated from Cordell High School in Cordell, Oklahoma. After high school, April attended and graduated from Oklahoma State University with a Bachelors degree in Elementary Education. April's current free time is spent walking/hiking, gardening, and reading. April serves the students and communities of Seminole and Maud.

**Misty Cooper** is the Red Devil glowing pride and graduate of Prague High School. Misty has an Associate of Arts degree from Seminole State College, a Bachelor degree in Social Work from East Central University and a Masters degree in Social Work from the University of Oklahoma. GO SOONERS! Misty serves Prague and Wewoka Public Schools.

**Kim Pringle** grew up in Ardmore, Oklahoma and graduated from Ardmore High School. Kim moved to Shawnee after high school to pursue the music education program at Oklahoma Baptist University. Kim was very active in the OBU Bisonette Glee Club where she sang, became the student conductor, and president. Kim graduated in 2003. Kim serves the school districts of Okemah, Konawa, and Varnum.



## SSC GEAR UP GOALS

- Increase the academic performance and preparation for post-secondary education for GEAR UP students.
- Increase the rate of high school graduation and enrollment in post-secondary education for GEAR UP students.
- Increase GEAR UP students' and their families knowledge of post-secondary education options, preparation, and financing.

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