THE UNION GRU

BREAKFAST

Omelet/Scramble*

Pick 3! Bacon, Sausage, Ham, Turkey Bacon, Turkey Sausage, Onion, Tomato, Spinach, Bell Pepper, Mushrooms - \$6.00 +\$.60 Additional Mix-ins 450 cal

Bigger Better Burrito*

Scrambled Eggs, Tater Tots, Cheddar Cheese with side of Hashbrowns - \$5.10 Make it Meaty: Choice of Bacon, Sausage, Ham, Turkey Bacon, Turkey Sausage + **\$.60 each**

575 cal

Slammin Sammies*

Choice of English Muffin or Croissant, Fried Eggs and American Cheese with side of Hashbrowns - \$5.20 Make it Meaty! Choice of Bacon, Sausage, Ham, Turkey Bacon, Turkey Sausage + \$.60 each

705 cal

Classic Combo*

Eggs Your Way, Choice of Meat, and Hashbrowns – **\$3.75** 400 cal

Trojan Fuel

Red Bull© Soda 20 oz \$2.75 Flavors: Strawberry, Blue Raspberry, Cherry, Seasonal 0-125 cal

Lighten Up

Breakfast Smoothie with Yogurt, Milk, Banana, and Berries. Topped with Granola - \$5.00 (VEG)/(V) available 465 cal

CHICKEN

Cluckin Hot

Spicy Chicken Sandwich with Trojan Sauce, Pickles, and Lettuce. Choice of Side - \$5.00 325+ cal

Seize the Dilla

Chicken Quesadilla with Grilled Pepper and Onions. Choice of Side - \$6.00

APPETIZERS

Garlic Fries

Tossed in Garlic, Parmesan and Parsley - \$3.25 250 cal

Onion Rings

Half Pound served with Trojan Sauce - \$3.25 295 cal

WRAP IT UP

Chicken Caesar Wrap

Spinach Tortilla with Crispy or Grilled Chicken, Romaine, Shaved Parm and Caesar Dressing. Choice of Side- \$5.70 605+ cal

Chicken Bacon Ranch Wrap

Garlic and Herb Tortilla with Crispy or Grilled Chicken,

Lettuce, Tomato, Cheddar, Bacon and Ranch Dressing.

Choice of Side - \$5.70

825+ cal

Buffalo Chicken Wrap

Jalapeno Tortilla with Crispy Chicken Tossed in

Buffalo Sauce, Lettuce and Tomato.

Choice of Side - \$5.70

665+ cal

Hummus Wrap

Spinach Tortilla with Grilled Veggies and Roasted Red

Pepper Hummus.

Choice of Side – (VEG) (V) **\$6.50**

360+ cal

Mozzarella Sticks 5 Piece with Marinara Sauce - \$4.60 385 cal

Loaded Tots

Loaded down with Cheese Sauce, Bacon, and Sour Cream - \$3.75 580 cal

SIDES:

Tater Tots, Curly Fries, Regular Fries **\$1.90** (ala carte) 80 cal/125 cal/60 cal

Upgrade to Onion Rings or Garlic Fries for **\$2.50** 148 cal/125 cal Loaded Tots for \$3.00 290 cal

BURGERS

Trojan Burger*

2 Beef Patties with Cheddar Cheese and Bacon. Served with Trojan Sauce, Lettuce, Tomato, Onion, and Pickles. Choice of Side - \$8.50 1005+ cal

Belles Burger*

Beef Patty with BBQ sauce and Onions Rings. Choice of Side - \$7.50 680 + cal

Hamburger*

Beef Patty with Lettuce Tomato Onion and Pickle. +\$.50 for Cheese. Choice of Side- \$5.00 570+ cal



480+ cal

Toss in Sauce! Buffalo – BBQ - Garlic Parm

Wingin' It 10 pc Boneless or Bone In Wings with Choice of Side. **Toss in Sauce!** - \$8.50 750/465+ cal

Chicken Strip Basket

5 piece Chicken Tenders with Choice of Side. Toss in Sauce! -\$6.50 900+ cal

GRAB AND GO SALADS

Chicken Caesar

Romaine, Shaved Parmesan, Croutons, Chicken (Crispy or Grilled), and Caesar Dressing 440 cal

Southwest

Salad Greens, Roasted Black Bean and Corn Salsa, Tomato, Jalapeno, Pepperjack Cheese, Tortilla Strips, and Chipotle Ranch Dressing (VEG) 295 cal

Chef Salad

Salad Greens, Diced Ham, Diced Turkey, Hardboiled Egg, Tomato, Cucumber, Cheddar, and Blue Cheese Dressing 465 cal

All Salads \$6.25



*Consuming raw or under cooked meats or eggs may increase your risk of foodborne illness. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.